

Name \_\_\_\_\_ Date \_\_\_\_\_

SYSTEMS HELP US CONNECT  
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System for Nutrition  
2T6U3A03

# Planning a Party

**Goal:** You will plan food for a party which is fun and good to eat and doesn't have much sugar, fat, or salt in it.

## What you do:

1. List some foods you would like to have at your party.

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2. Decide which foods would make a healthy menu.

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3. Explain why each food you chose is both tasty and healthy.

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4. Explain how making good food choices help students in the classroom have more energy and feel ready to learn. Include how healthy students help make the classroom system work.

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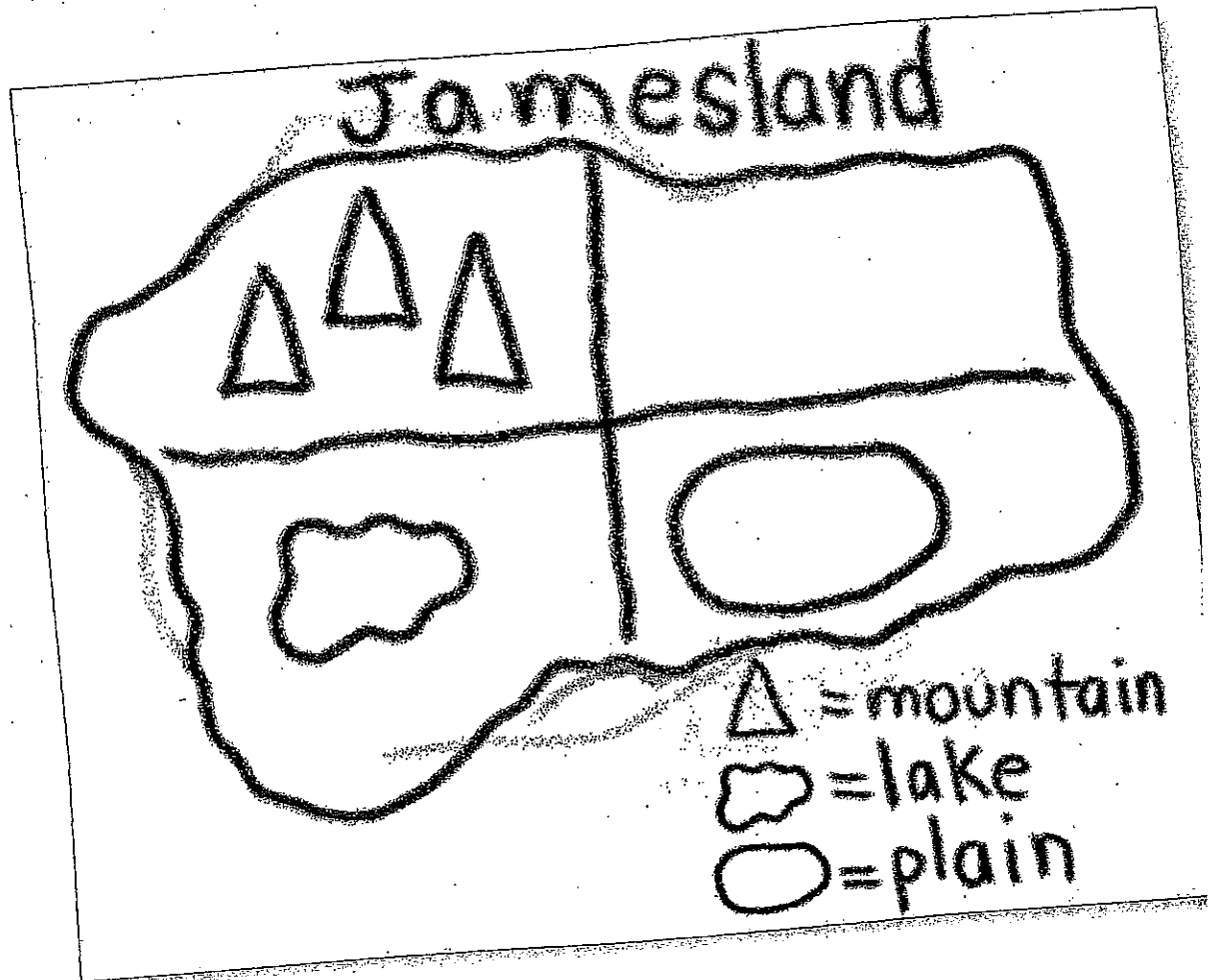
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## A New Country

- 1 James is in second grade. For homework he had to make up a country. He drew a map of it. He named his country *Jamesland*. First, he drew the border of his country. Then, he divided it into four states. Finally, he added symbols for mountains, plains, and a lake.
- 2 James showed his map to his sister. She said that she could not understand it. She said she thought the lake was a plain. James had not made a map key. He drew a key for his map. His sister could now understand his map.



1 Read the meanings below for the word states.

**states** (stāts)

*verb* 1. says

*noun* 2. conditions

3. parts of a country

Which meaning best fits the way states is used in paragraph 1?

- Meaning 1
- Meaning 2
- Meaning 3

Objective 1

2 Which sentence about the story is true?

- James drew a map of the United States.
- James's sister did not understand his map.
- James's sister fixed his map for him.

Objective 2

3 How do you think the map key helped James's sister understand the map?

- It explained what the symbols meant.
- It made the lake look more like a lake.
- It showed where *Jamesland* was located.

Objectives 3, 4.

4 James probably named his country *Jamesland* because —

- he did not like the sound of that name
- he wanted to name it after himself
- he saw it on a world map

Objective 2